

**Corrections to the Grade Syllabi released March/April 2015 – to be cut and pasted over the printed technical notes Pre Prim – Grade 3.**

Grade 1

**PIROUETTE 4/4 (2 COUNTS = 1 BAR)**

Stand in 1st position, arms relaxed beside the body.

*Intro 1-2 Hold the position*

*3-4 Place hands on shoulders*

1 2 Rise and patter turn to the right finishing facing wall 8 leaving the head to wall 5, lower heels in 1<sup>st</sup> position

3 4 Hold the position

5-7 Rise and patter turn to the right (3/4 turn) finishing facing wall 5. Head spot to be shown.

8 Lower heels

1-8 Repeat to the same side

1-16 Repeat twice to the other side

Grade 3 Allegro

**4A POSÉS COUPÉS ETC – GIRLS & BOYS 6/8**

Stand at corner 3, face corner 1, 5<sup>th</sup> position, right foot front, arms 5<sup>th</sup> en bas

*Intro 1 2 Hold the position*

*3 4 Chassé en arrière to pointe tendue the right foot devant, arms to presentation position (a low opened 5<sup>th</sup> en avant with palms turned upwards)*

1-8 4 Posés coupés onto the right leg to corner 1 with the last posé coupé closing in 5<sup>th</sup> position right foot front

1-4 Chassé, coupé, chassé, temps levé in 3<sup>rd</sup> arabesque on the right leg

5-8 Run to corner 1 and chassé en avant into 3<sup>rd</sup> arabesque à terre carrying arms through 5<sup>th</sup> en avant to 3<sup>rd</sup> arabesque and hold OR step left chassé onto right leg into 3<sup>rd</sup> arabesque

**Close after the music.**

**Placement of Retiré is toe at mid calf at the back of the leg – not the side.**

Grade 3 Allegro

**5 BALANCÉS 3/4**

Face the front, 5<sup>th</sup> position, left foot front

*Intro 1 2 Hold the position*

*3 4 Step forwards on the left foot and place right leg in short tendu position, lift arms to 5<sup>th</sup> en avant to 2<sup>nd</sup> position*

1 Balancé sideways to right, carry arms to 4<sup>th</sup> en avant (left arm forward) and incline head to the right side

2 Balancé sideways to left, carry arms to 4<sup>th</sup> en avant (right arm forward) and incline head to the left side

3-4 Chassé right foot to corner 1 into 3<sup>rd</sup> arabesque position

5-8 Repeat Balancés and Chassé to other side

1-4 4 Balancés sideways to right, left, right, left using arms and head as in counts 1 & 2

5 Chassé, Temps Levé in 3<sup>rd</sup> arabesque to corner 1

6-8 Run in a small circle passing wall 8 and stand on right foot ready to repeat all to the other side.

1-16 Repeat all on other side and finish in own pose.

**The head may incline over the supporting foot on the 1<sup>st</sup> movement or towards the direction that the Balancé travels to.**

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Grade 4 Allegro

**2 GLISSADES 6/8**

Face the front, 5<sup>th</sup> position, right foot derrière, arms 5<sup>th</sup> en bas

*Intro 1-3 Hold the position*

*4 Demi plié*

&1&2 Glissade derrière soutenu, arms to demi 2<sup>nd</sup> and close to 5<sup>th</sup> en bas

&3&4 Glissade derrière soutenu, arms to demi 2<sup>nd</sup> and close to 5<sup>th</sup> en bas

&5&6 2 Glissades derrière de suite, arms remain in 5<sup>th</sup> en bas

&7 Assemblé over

&8 Soutenu

1-8 Repeat all.

*Head should incline towards the front foot at the end of the Glissades, but should be erect for soutenu movement.*

*This exercise to be shown with Glissade devant and Assemblé under as a separate exercise.*

Grade 5 Pirouettes

**3 TOUR EN L'AIR – BOYS 2/4**

Face the front, feet in 5<sup>th</sup> position, right foot devant, arms 5<sup>th</sup> en bas

*Intro 1-3 Hold the position*

*4 Demi plié*

1 Temps lié en avant to a rise in 5<sup>th</sup> position, arms to 4<sup>th</sup> en avant with the right arm forward

2 Hold the position

3 Demi plié, hold the arm line

4 Tour en l'air, arms to pirouette position

5-7 Straighten knees and arms slowly open to a forward 2<sup>nd</sup> position

8 Demi plié in 5<sup>th</sup> position and close the arms to 5<sup>th</sup> en bas

1-8 Repeat all on the other side.

1-16 Repeat all

Grade 5 Allegro

**1 CHANGEMENTS & SAUTÉS IN 5TH & ASSEMBLÉS 2/4**

Face the front, 5<sup>th</sup> position, right foot front, arms 5<sup>th</sup> en bas.

*Intro 1-3 Hold the position*

*4 Demi plié*

1 & 2 3 Petits Changements finishing facing corner 1

3 4 2 Grands Sautés (sur place)

5-8 Repeat on the other side

1 & 2 3 Petits Changements and hold in the demi plié

3 4 2 Assemblés over – arms open to a small demi 2<sup>nd</sup> and close to 5<sup>th</sup> en bas for each Assemblé -  
incline the head over the front foot

5-8 Repeat Changements and assemblés to the other side.

*Alternate arms and head for Grands Sautés – lift the arms through 5<sup>th</sup> en avant to 3<sup>rd</sup>  
arabesque with eye line up along the top arm, then lower the arms to 5<sup>th</sup> en bas during the 1<sup>st</sup>  
petit changement*